

Mae Wan Ho

Dream Farm

How to Beat

*Climate Change &
Post Fossil Fuel Economy*

SUSTAINABLE w  RLD

Why We Need Dream Farm

No more cheap fossil fuels

United States food sector uses **17%** and Canada 11.2% energy, not including export-import, food-processing machinery and buildings, waste collection & treatment, and roads for transport

Water running out

It takes 1 000 tonnes of water to produce one tonne of grain; aquifers severely depleted in major breadbaskets of the world

Productivity falling

Grain yields fell for four successive years, bringing world reserves to lowest levels in 30 years

Loss of croplands from unsustainable practices

The world loses 20 m Ha, or 1.3% of its croplands annually from soil erosion and salination; replacing lost croplands account for 60% deforestation annually, greatly accelerating global warming

Urgent need to reduce emissions

French food sector responsible for more than **30% carbon emissions**, not including import/export, household use and storage, processing, and imported fertilizers

Global warming threatens food production

Yields **fall 10% for every deg. C** rise in night temperature; predicted rise of 1.9 to 11.5 deg. C within this century in a business as usual scenario



OUTGROWING THE EARTH

THE FOOD SECURITY CHALLENGE
IN AN AGE OF FALLING WATER TABLES
AND RISING TEMPERATURES

Lester R. Brown

Fallout of the "environmental bubble economy":

"....collapsing fisheries, shrinking forests, expanding deserts, rising CO₂ levels, eroding soils, rising temperatures, falling water tables, melting glaciers, deteriorating grasslands, rising seas, rivers that are running dry, and disappearing species."

Lester R. Brown 2004

The Food Bubble Economy

Science in Society

ISSUE 25 Spring 2005 £3.50

Before the Food Bubble Bursts
The Peak Oil Crisis

Nanoimplants for Mind & Body Control

Adult Stem Cells
Mend Heart & Injured Spine

Mobile Phones & the Physics of Cell Water

GM Food Scandal - Corporate Corruption & Lies

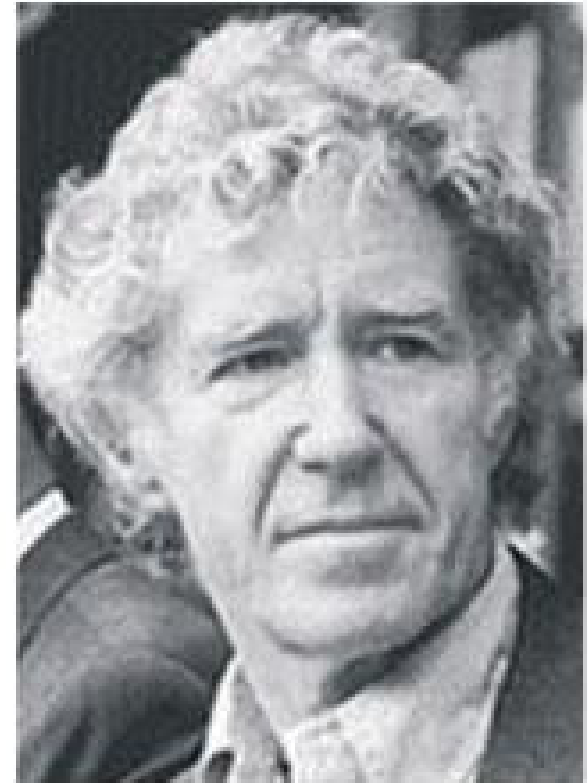
*...uing a Planet
...ble, by Lester
.../. Norton &
...-05859-X*

Industrial agriculture is
...ve. It takes 1000 tonnes
...one of grain. Worldwide,
...diverted from rivers or
...and is used for irrigation;
...and 10% for residential

...of industry are diverting
...griculture, and countries
...ports to make up for the
...s 4 litres of water a day
...litres are needed to pro-
...In rich countries where
...vestock, the water need-
...person can easily reach

...are generating conflicts
...downstream claimants.

*...ce a tonne of grain. Worldwide, 70% of
...pumped from underground is used for
...and 10% for residential purposes.*



the kernels. Similarly, the fertility of rice falls from 100% at 34C to nearly zero at 40C. In north India, a 1C rise in temperature did not reduce wheat yields, but a 2C rise lowered yields at almost all of 10 sites. There was a decline in im-

The Neo-Liberal Economic Model & World Hunger

- **More than 3 billion malnourished
(lacking calories, protein, minerals and/or vitamins)**
- **850 million suffer from hunger
(protein-energy malnutrition)**

The principal cause of hunger is poverty

- **1.08 billion in developing countries live on \$1 or less a day**
- **798 million are chronically hungry**

World hunger facts 2005, Hunger Notes

<http://www.worldhunger.org/articles/Learn/world%20hunger%20facts%202002.htm>

Dream Farm

Abundantly productive farms with zero input and zero emission powered by waste-gobbling bugs and human ingenuity

Dr. Mae-Wan Ho

Environmental engineer meets Chinese peasant farmers

Doesn't it sound like a dream to be able to produce a super-abundance of food with no fertilizers or pesticides and with little or no greenhouse gas emission? Not if you treat your farm wastes properly to mine the rich nutrients that can support the production of fish, crops livestock and more, get biogas energy as by-product, and perhaps most importantly, conserve and release pure potable water back to the aquifers.

That is what Professor George Chan has spent years perfecting; and he refers to it as the Integrated Food and Waste Management System (IFWMS).

(ZERI) (www.zeri.org).

Chan left China in 1989, and work with Gunter and others in consultancy services. This work has taken him to nearly 80 countries and territories, and has contributed to evolving IFWMS into an alternative to conventional farming.

The integrated farm typically combines crops, livestock and fishponds. But the nutrients from farm wastes often spill over into the environment, leading to extra production of algae, chironomids, silkworms, mushrooms, and other organisms that bring additional income for the farmers and the local community.

Treating wastes with respect

The secret is in treating wastes to avoid the loss of valuable nutrients that are recycled to generate further nutrients from the waste, etc., that feed a variety of crops and animals. At the same time, greenhouse gases are captured during the first phase of waste treatment and converted into biogas, which is then used as fuel, while the oxygen produced in the second phase of waste treatment is used to grow photosynthetic algae, so fish stock

Science in Society

ISSUE 27 Autumn 2005 £3.50

What will we eat when water and oil run out?



Dream Farm - Biogas Bonanza for Third World Development
War on World Food Rights - No to GMOs & Agriculture Without Farmers



Dream Farm II

IREFE - Integrated Reduced Emission Food and Energy Farm

- Maximize Productivity and Balanced Growth
- Minimize Environmental Impacts
 “Zero Emission” “Zero Waste” “Zero input”
- Self-Sufficiency in Food and Energy

Harvesting greenhouse gas from farm wastes for combined heat and power generation and mobile uses, substituting for fossil fuels

Conserving & recycling nutrients for maximum productivity through appropriate integration of lifecycles

Harvesting sunlight through algae to purify wastewater, crops for food and feed, and solar panels for electricity

Conserving and regenerating potable water free of pollutants

Producing food organically with minimum environmental impacts and maximum health benefits

Using energy at the point of generation for maximum efficiency & minimum distributional losses

Producing and consuming food locally for maximum health benefits and minimum environmental impacts

Social, Environmental and Economic Costs of Food Transport in the United Kingdom

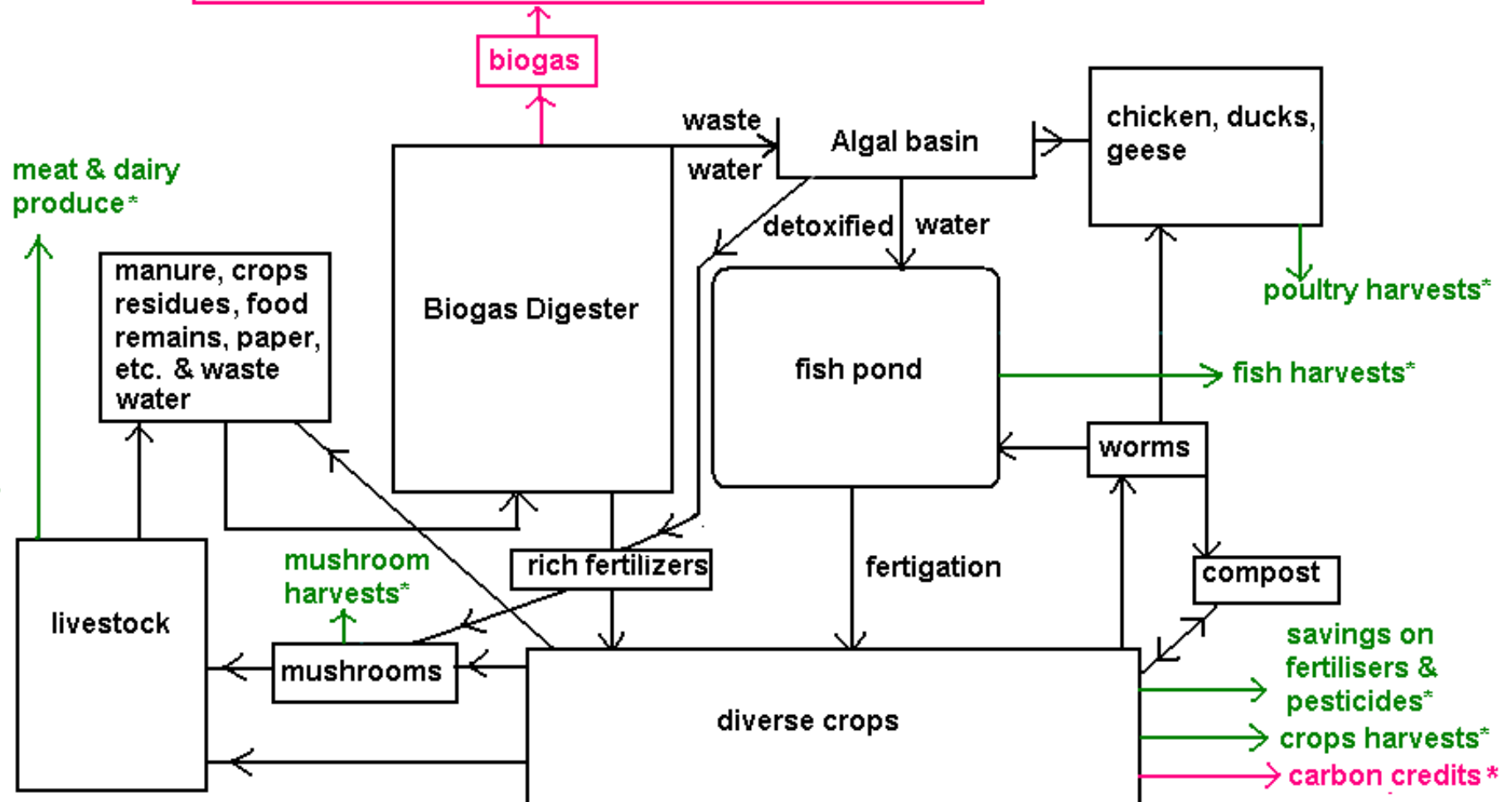
Congestion	£ 5.0 billion
Accidents	£ 2.0 billion
Ghg emission, air pollution, noise, infrastructure	£ 2.0 billion
Total	£ 9.0 billion

Value of agriculture	£ 6.4 billion
Value of food & drink industry	£19.8 billion
Total value of food sector	£26.2 billion

**Externalised cost due to food transport is
34% of the total value of food sector**

Dream Farm

All energy needs: electricity, heating, lighting, cooking, food processing









Vir Clar Farm,
Fond du Lac, Wisconsin



© 2005 Biogas Energy Systems www.biogas-energy.com



Container housing the CHP unit



CHP unit within the container

Energy Yield & Carbon Emissions Saved by Biogas Digester

Energy yield per cow-year

2 063 kWh

= 620 m³ = 0.4464 tonnes methane
(assuming 30% efficiency converting to electricity)

= 9.828 tonnes CO₂ equivalent
(global warming potential of 22 for methane)

Amount of oil saved per cow-year

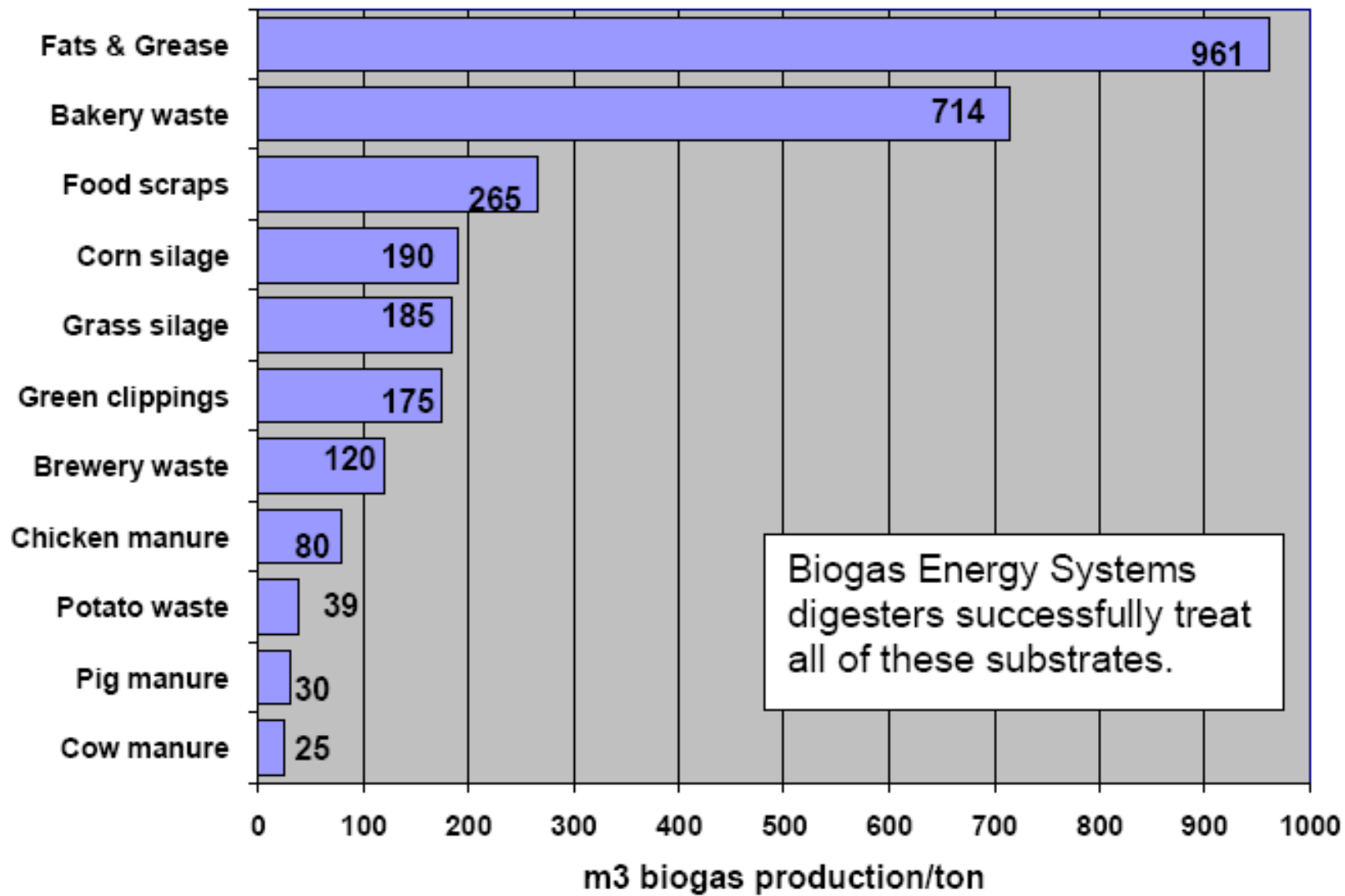
0.553 tonne

= 1.715 t CO₂ equivalent
(1 tonne oil = 3.1 tonne CO₂ emissions).

Total carbon emission savings

11.543 t CO₂ equivalent

**A 100-acre farm with 80 cows could provide
>160 000 kWh & save 923.4 t CO₂ equivalent**

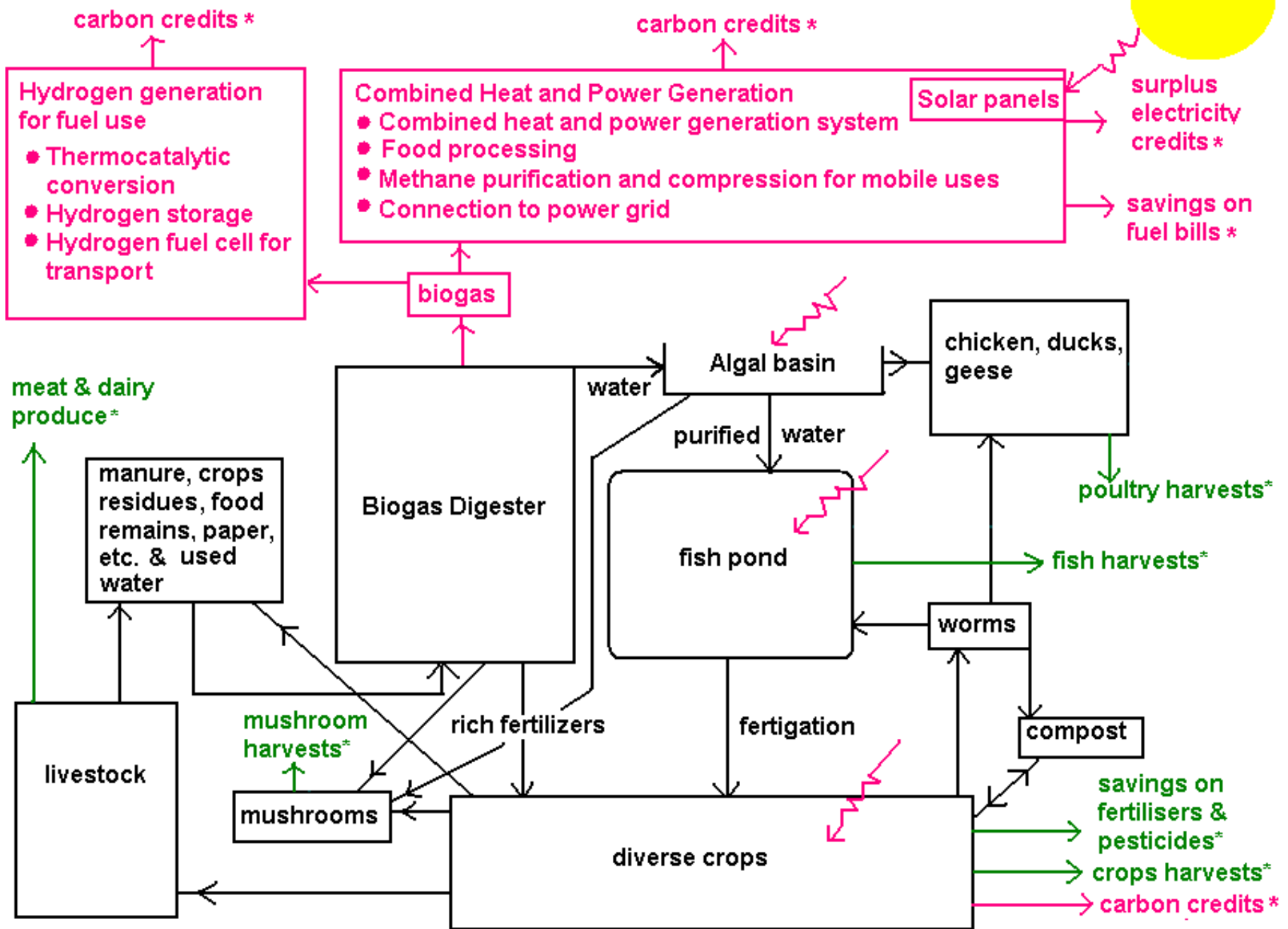


Potential Carbon Emissions Savings to the UK*

Savings from methane emissions prevented (200 million tonnes manure)	57.024 Mt CO ₂
Savings from methane emissions substituting for fossil fuel	9.948 Mt CO ₂
Savings from nitrous oxide emissions prevented	27.001 Mt CO ₂
Savings from fertilisers manufacture (1.2% national emissions)	7.223 Mt CO ₂
Total	101.196 Mt CO ₂
UK's national emissions	722.300 Mt CO ₂
Potential savings from IREFE farms	14.01%

*Based on DEFRA and other estimates

IREFE - Integrated Reduced Emissions Food and Energy Farm



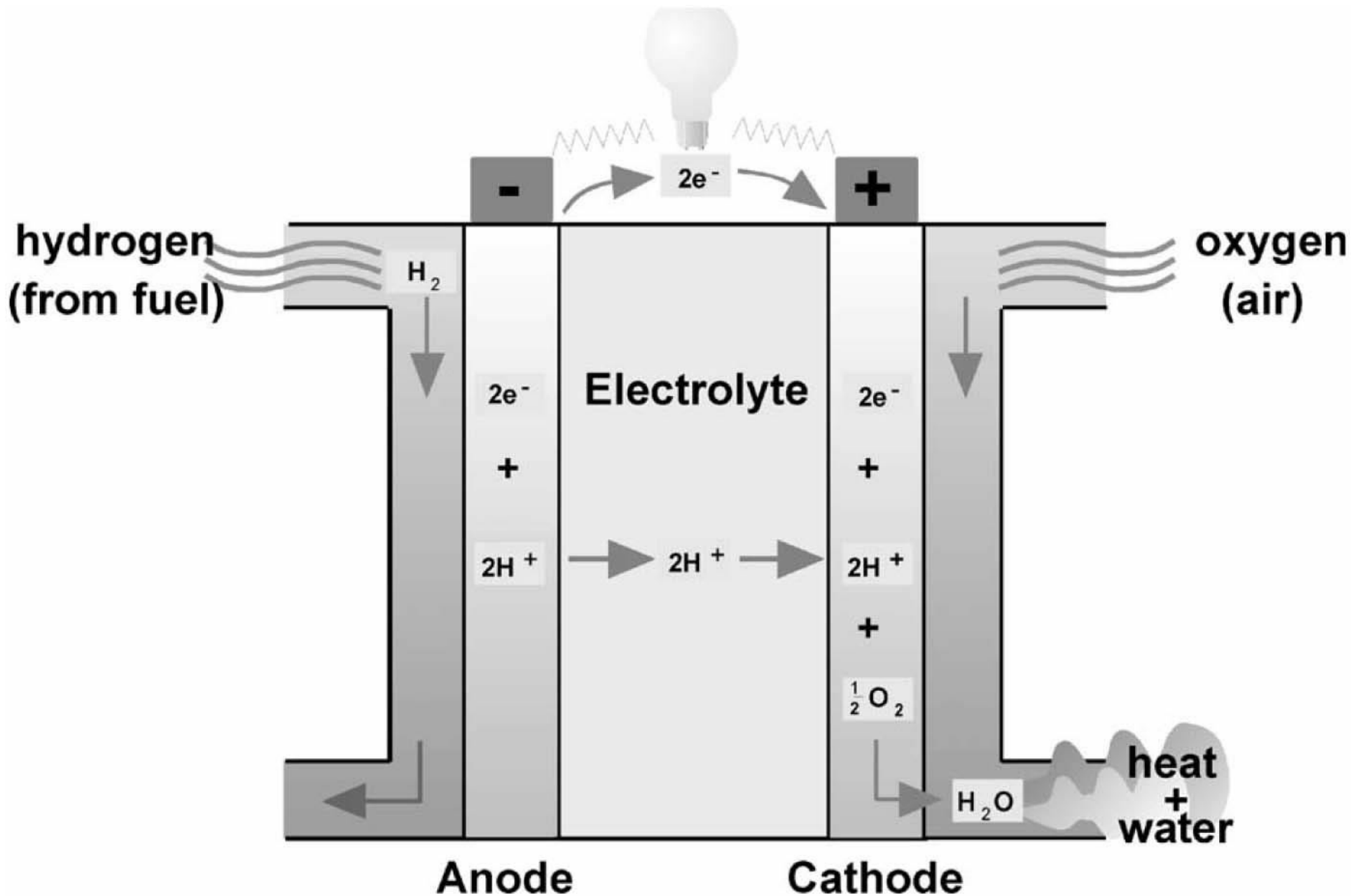
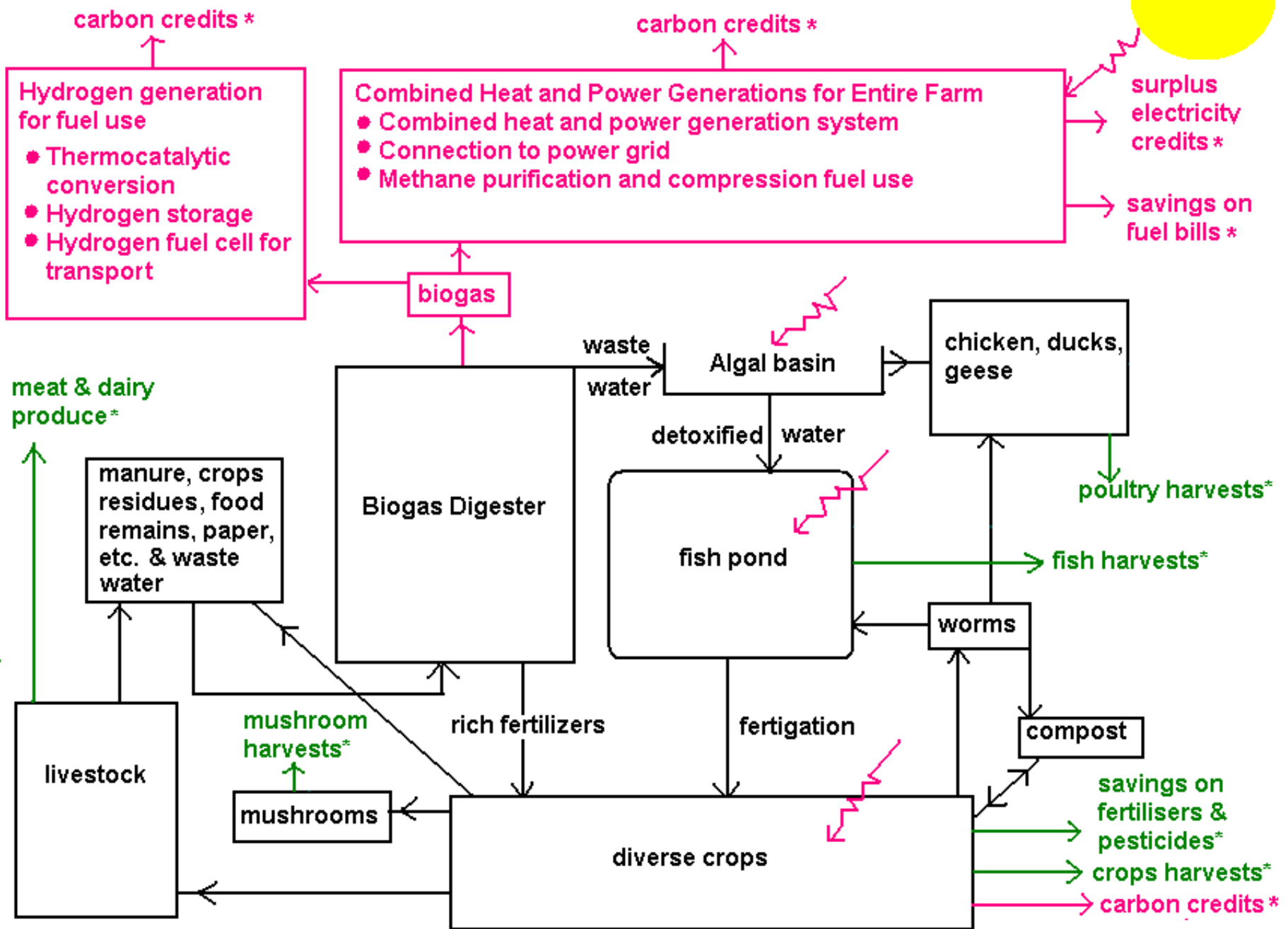


Fig. 2. Schematic of a PEM fuel cell operation. Source: World Fuel Cell Council.

IREFE - Integrated Reduced Emissions Food and Energy Farm



IREFE puts together in one showcase all the relevant technologies that can deliver sustainable food and farming and a profitable low carbon economy

IREFE

- Generates all its own energy for heating and electricity, including the ultimate clean fuel, hydrogen, for transport
- Substitutes for fossil fuel use
- Saves substantially on carbon dioxide emissions
- Reduces wastes and environmental pollution to a minimum
- Produces a diversity of crops, livestock and fish in abundance
- Requires little or no external input once established
- Provides employment opportunities for the local community
- Provides a showcase for how appropriate new technologies are implemented
- Provides hands-on education and research opportunities at all levels from infants to university students and beyond

“Supporting greater UK self-sufficiency in food is incompatible with the concept of the European single market, in which different countries specialise according to comparative advantage. In an increasingly globalised world the pursuit of self-sufficiency for its own sake is no longer necessary nor desirable.”

**UK Department of the Environment Food and Rural Affairs (DEFRA)
spokesperson on behalf of the Minister for the Environment Elliot
Morley, March 2005**

The Rainbow and The Worm

The Physics of Organisms

by **Mae-Wan Ho**

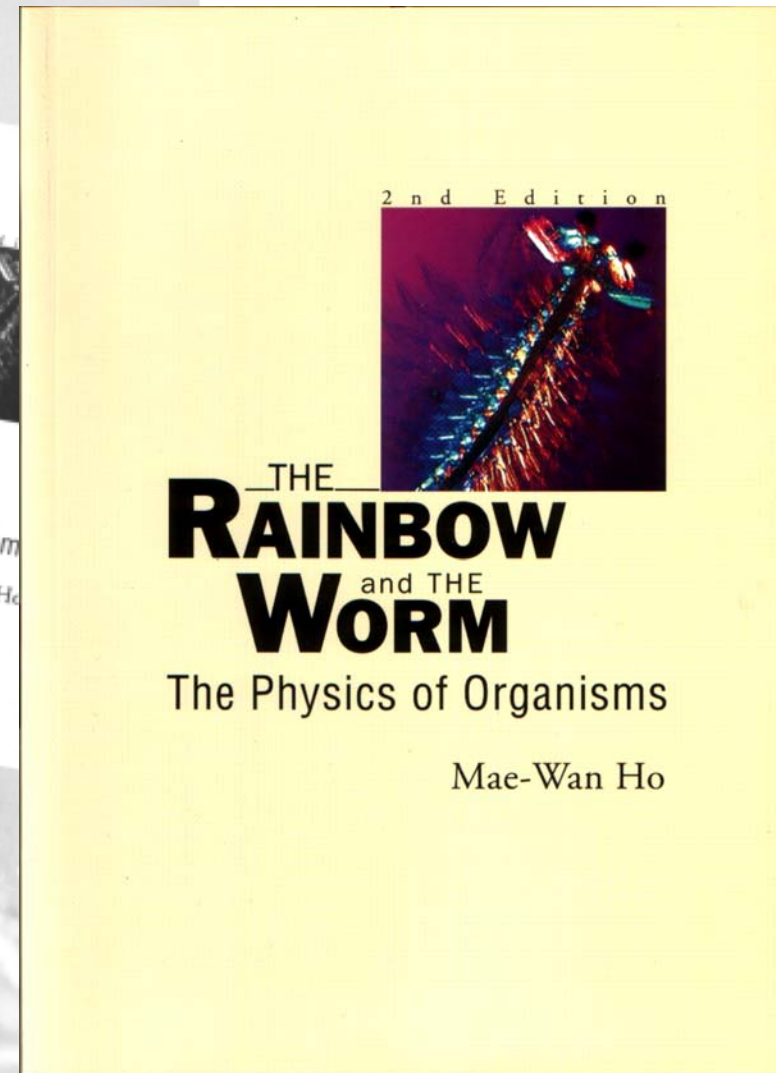
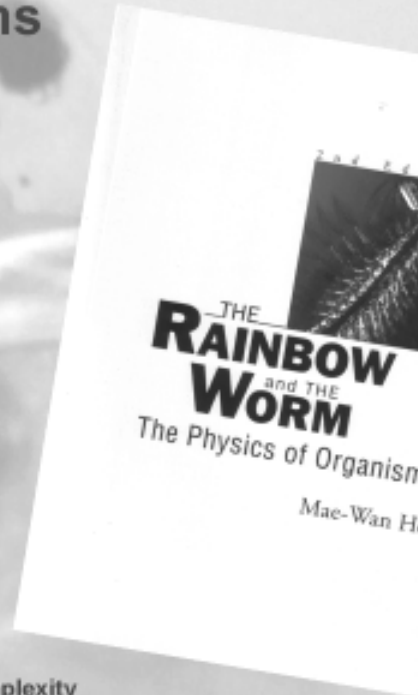
Institute of Science in Society

Readership: General

Contents

- What is It to Be Alive?
- Do Organisms Contravene the Second Law?
- Can the Second Law Cope with Organized Complexity?
- Energy Flow and Living Cycles
- How to Catch a Falling Electron
- Towards a Thermodynamics of Organized Complexity
- The Seventy-Three Octaves of Nature's Music
- The Coherent Excitation of the Body Electric
- How Coherent is the Organism?
- Life is All the Colours of the Rainbow in a Worm
- The Liquid Crystalline Organism
- Crystal Consciousness
- Quantum Entanglement and Coherence
- The Ignorance of the External Observer

A serious, in-depth enquiry into Schrödinger's question, "What is Life?" and at the same time, a celebration of life itself





Sustainable systems as organisms?

Mae-Wan Ho^{a,*}, Robert Ulanowicz^b

^a Biophysics Group, Department of Pharmacy, King's College, Franklin-Wilkins Bldg., London SE1 9NN, UK

^b Chesapeake Biological Laboratory, P.O. Box 38, 1 Williams Street, Solomons, MD 20688-0038, USA

Received 30 March 2005; received in revised form 18 May 2005; accepted 18 May 2005

Abstract

Schrödinger [Schrödinger, E., 1944. *What is Life?* Cambridge University Press, Cambridge] marvelled at how the organism is able to use metabolic energy to maintain and even increase its organisation, which could not be understood in terms of classical statistical thermodynamics. Ho [Ho, M.W., 1993. *The Rainbow and the Worm, The Physics of Organisms*, World Scientific, Singapore; Ho, M.W., 1998a. *The Rainbow and the Worm, The Physics of Organisms*, 2nd (enlarged) ed., reprinted 1999, 2001, 2003 (available online from ISIS website www.i-sis.org.uk)] outlined a novel “thermodynamics of organised complexity” based on a nested dynamical structure that enables the organism to maintain its organisation and simultaneously achieve non-equilibrium and equilibrium energy transfer at maximum efficiency. This thermodynamic model of the organism is reminiscent of the dynamical structure of steady state ecosystems identified by Ulanowicz [Ulanowicz, R.E., 1983. Identifying the structure of cycling in ecosystems. *Math. Biosci.* 65, 210–237; Ulanowicz, R.E., 2003. Some steps towards a central theory of ecosystem dynamics. *Comput. Biol. Chem.* 27, 523–530].

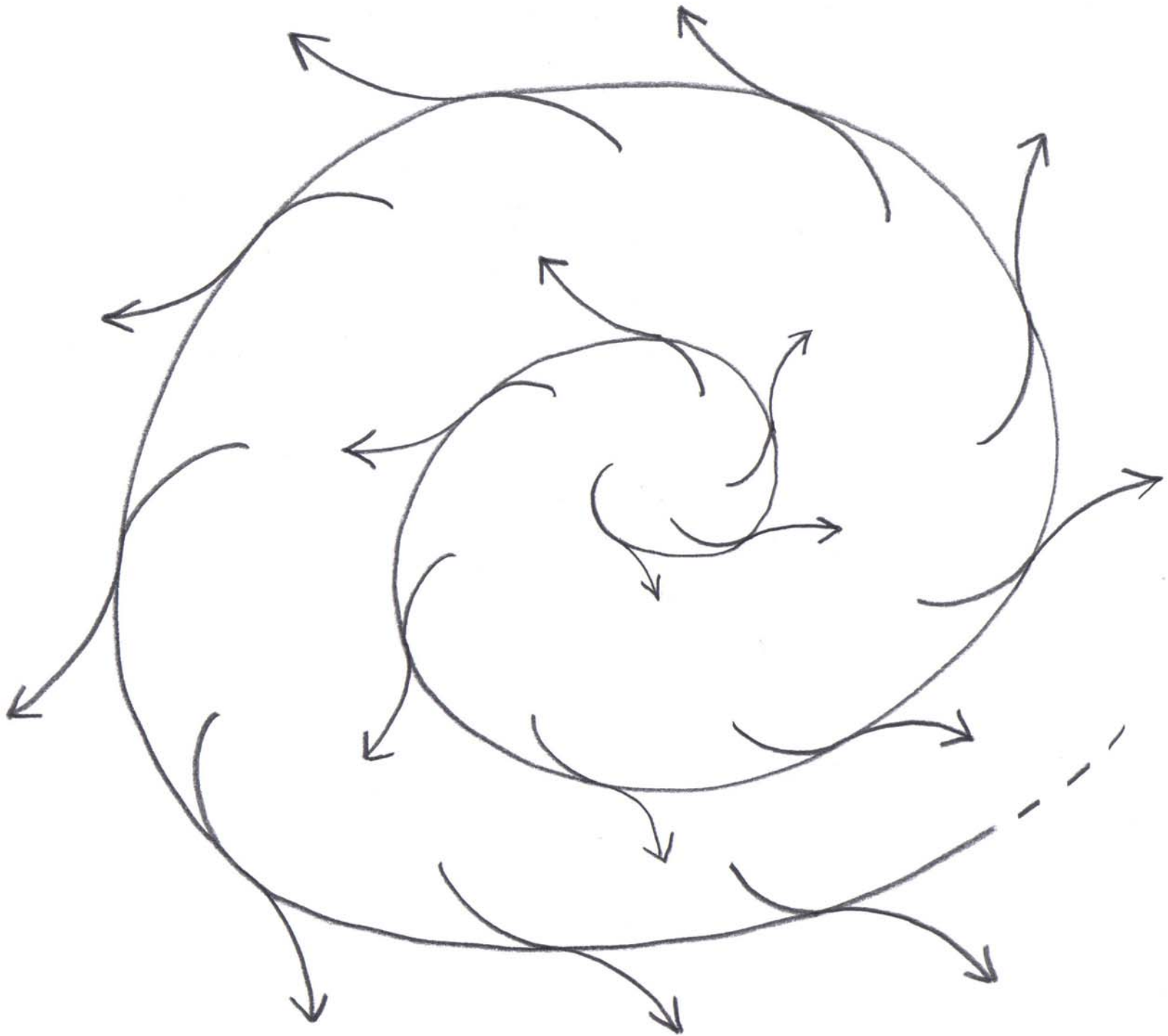
The healthy organism excels in maintaining its organisation and keeping away from thermodynamic equilibrium – death by another name – and in reproducing and providing for future generations. In those respects, it is the ideal sustainable system. We propose therefore to explore the common features between organisms and ecosystems, to see how far we can analyse sustainable systems in agriculture, ecology and economics as organisms, and to extract indicators of the system’s health or sustainability.

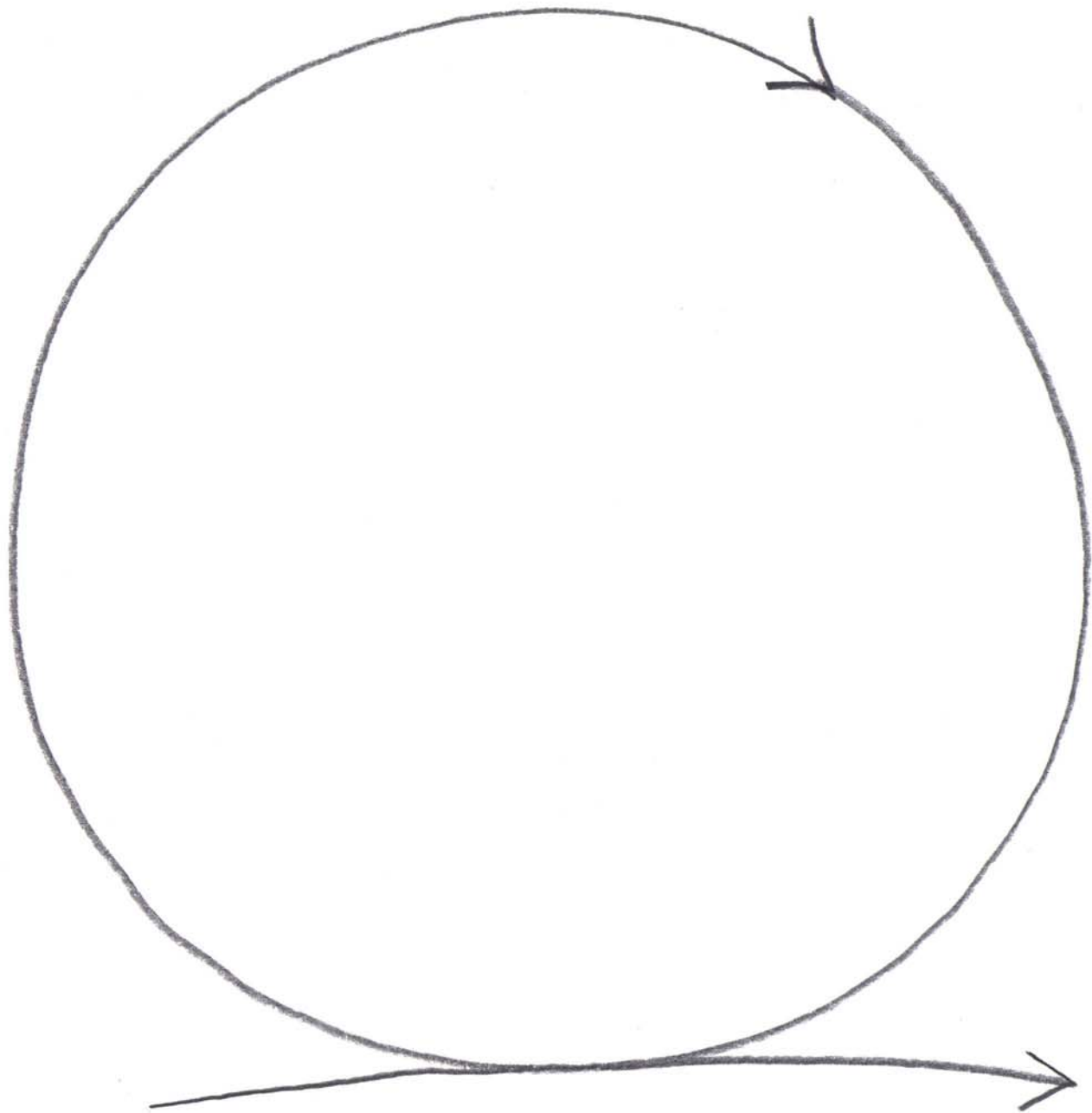
We find that looking at sustainable systems as organisms provides fresh insights on sustainability, and offers diagnostic criteria for sustainability that reflect the system’s health.

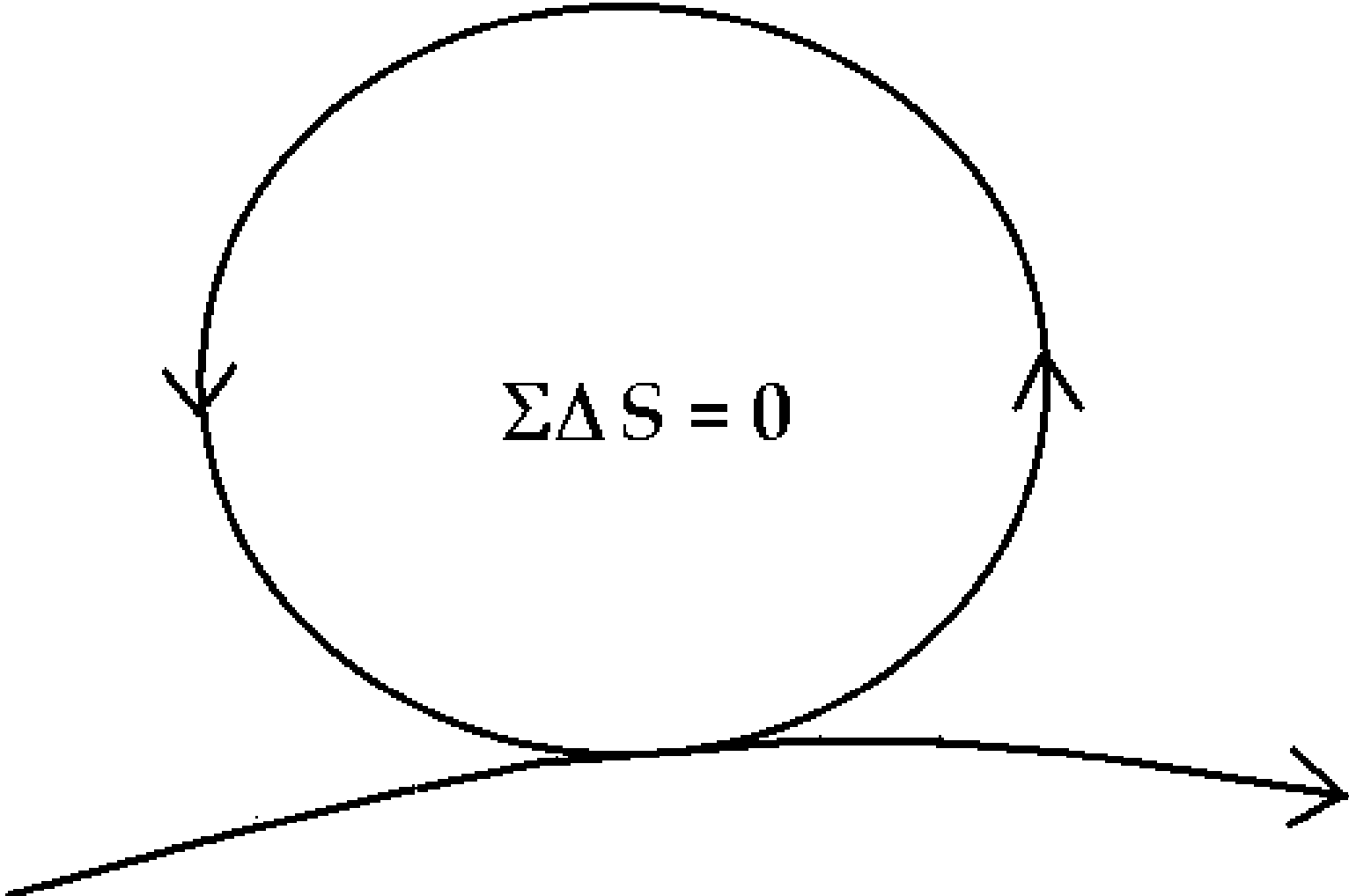
In the case of ecosystems, those diagnostic criteria of health translate into properties such as biodiversity and productivity, the richness of cycles, the efficiency of energy use and minimum dissipation. In the case of economic systems, they translate into space-time differentiation or organised heterogeneity, local autonomy and sufficiency at appropriate levels, reciprocity and equality of exchange, and most of all, balancing the exploitation of natural resources – real input into the system – against the ability of the ecosystem to regenerate itself.

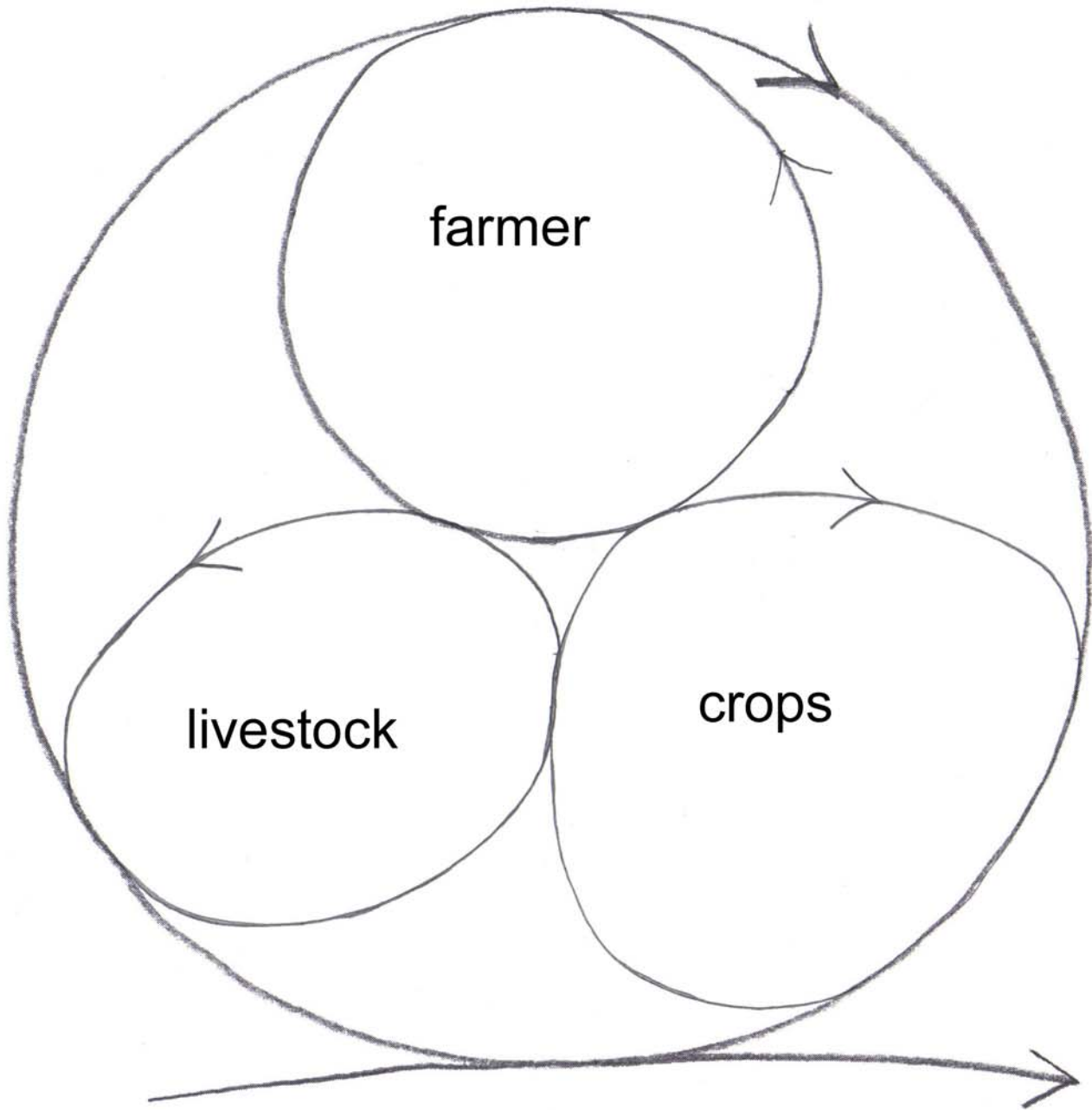
© 2004 Elsevier Ireland Ltd. All rights reserved.

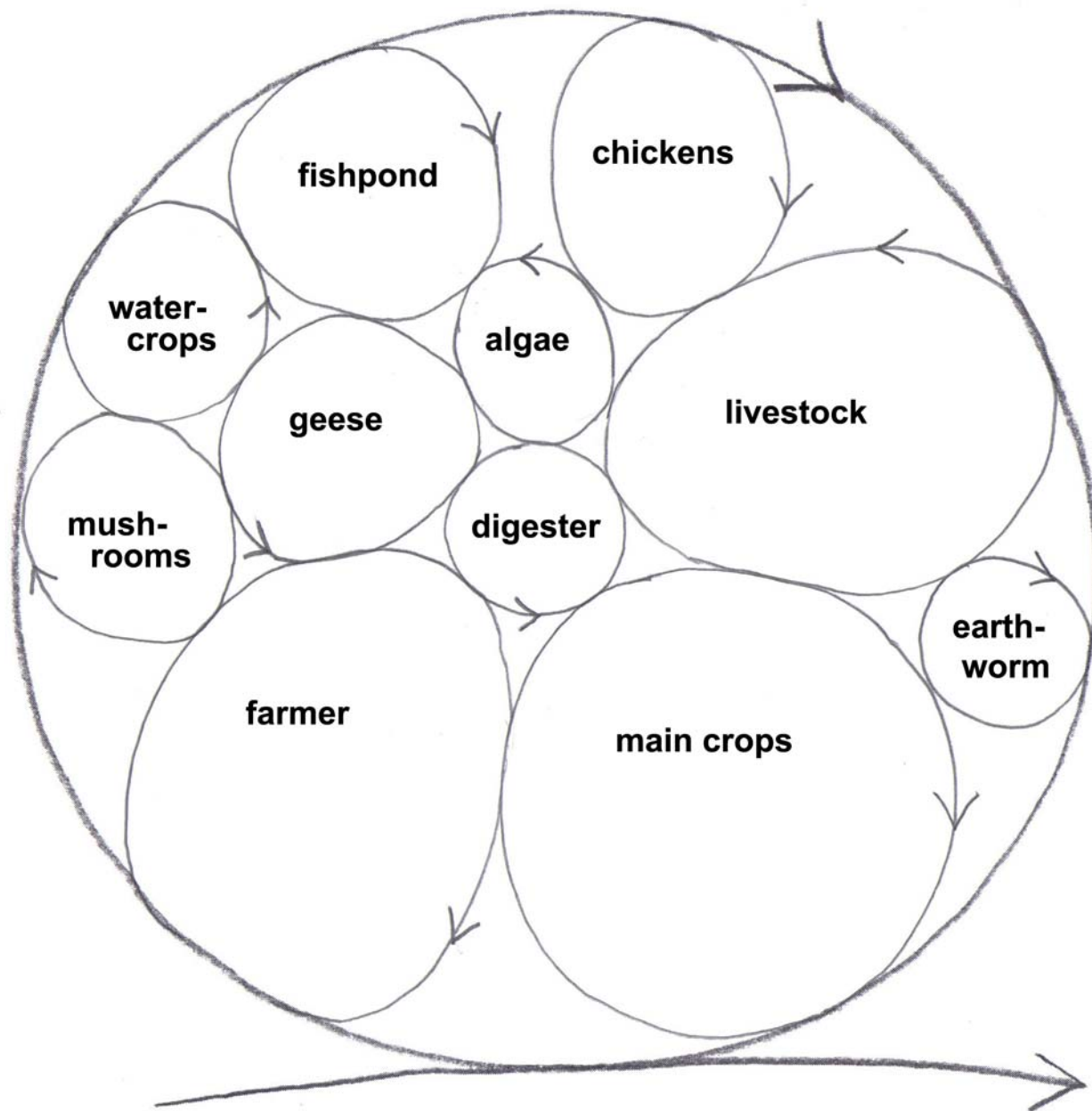
Keywords: Thermodynamics; Organised complexity; Cycles; Coherent energy storage; Indicators of sustainability; Minimum dissipation

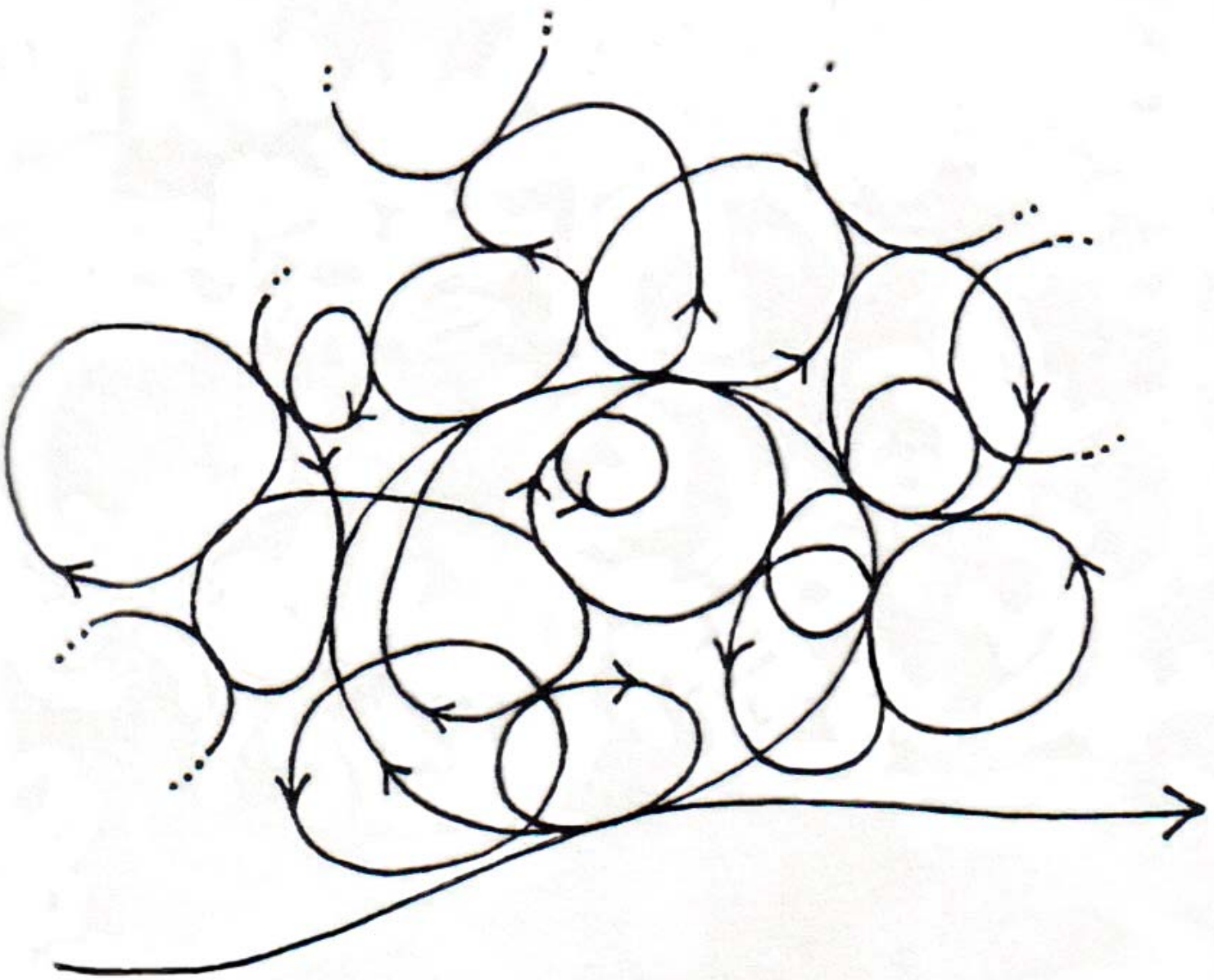












Energy, Productivity & Biodiversity

Generations of ecologists have puzzled over the causes of biodiversity and its relationship with productivity.

Dr. Mae-Wan Ho investigates.

"The secret of life is not to be found in the molecular nuts and bolts in living organisms. Instead it may be in how organisms use energy, giving concrete meanings to renewable living energy and sustainability"

Luminescence by LilaPoon

"Why are there so many kinds of animals?"

This was the question asked by distinguished ecologist Evelyn Hutchinson in 1959, the centenary of Darwin's *Origin of Species*, a question that has remained as enigmatic today as it was then.

There are about a million described species of animals, three-quarters of them being insects, of which disproportionately large numbers belong to the order Coleoptera, or beetles. In contrast to land animals, there are far fewer species in the sea.

Hutchinson considered a number of possible explanations. Could food chains or feeding relationships suffice? If one supposes an energy conversion efficiency of 20% at every link of the chain, and each predator being twice as big as its prey, the fifth animal link will have a population of one ten thousandth (10^{-4}) of the first, which is about as long as it would get. Food chains could hardly generate a great deal of biodiversity.

Natural selection isn't going to help; an overly efficient predator will simply eat itself out of prey, thus breaking the link and making itself extinct in the process. While length-

ening the chain is difficult, shortening the chain is not, the most dramatic example is the whale-bone whale, which can feed largely on plankton.

What about the diversity of terrestrial plants which provide a variety of different structures - bark, leaves, flowers and fruits - for different animals to feed on? A major source of biodiversity of land animals was indeed introduced by the evolution of almost 200,000 species of flowering plants, and the three-quarters of a million species of insects are a product of that diversity. But then, why are there so many different kinds of plants?

Part of the answer is that instead of linear food chains, nature is replete with food webs. Most predators eat more than one species of prey, which reduces the danger that it will eat its prey and itself extend. So, at least part of the answer to why there are so many kinds of animals and plants is that biodiverse communities are better able to persist than less diverse communities. And that was the origin of the idea that complex ecosystems are more stable, which has been hotly debated to this day. While it may be intuitively obvious that the more flexible the links in the food web, the less likely they will break, mathematicians find it extrordi-

narily difficult to represent such flexibility, and more so, to agree on what constitutes stability, let alone complexity.

Energy available?

Going back to biodiversity, ecologists have long noticed that while a hectare of tropical rainforest contains an estimated 200 to 300 species of trees, the same area of temperate forest contains only 20-30 species. One hypothesis is that diversity is ultimately determined by the amount of energy available to an ecosystem. Support for this idea came from measures of productivity and biodiversity in different ecological communities. Productivity is the rate of production of biomass in an ecosystem, and is in general determined by the rate of energy supply.

High proportions of land and freshwater species on earth do occur in the tropics, which receive the highest amount of the sun's radiant energy. Average species richness increases from high to low latitudes and this has been documented for a wide spectrum of taxonomic groups, including protists (single-celled organisms), trees, ants, woodpeckers and primates, and for data across a range of spatial resolutions. Species richness also appears to increase

with energy, measured as mean annual temperature, and evapotranspiration.

But that doesn't seem to be the whole story. The relationship between diversity and productivity was found to vary at different spatial scales. At large geographical scales, such as across continents in the same latitude, diversity generally increases with productivity. At smaller local scales (metres to kilometres), several different patterns emerge.

Early studies found biodiversity peaking at intermediate levels of productivity in a unimodal curve (a curve with a single hump). More recent reviews came up with a variety of relationships, with diversity increasing, decreasing or remaining unchanged as productivity increases. Although some of these patterns suggest that energy is causally involved, other factors may also be important, such as environmental heterogeneity (spatial or temporal variation in the physical, chemical or biological features of the environment).

Complexity of the environment?

In a simple lab experiment, the bacterium *Pseudomonas fluorescens* was used to test the relationship between environmental heterogeneity and diversity. This bacterium is

known to rapidly differentiate into distinct 'morphs' in different microhabitats in unsterilized culture vessels. One major morph flourishes at the interface between air and the liquid growth medium, another does best in the centre of the culture vessel and a third occupies the bottom of the vessel. The researchers found that there are further variations within each major morph, so that a total of ten types can be distinguished. Shaking the vessel eliminated environmental heterogeneity and, with it, diversity. With a gradient of productivity, a unimodal diversity curve was obtained. In other words, diversity increased with energy available up to a peak, and then decreased as available energy increased further.

Ecosystems typically consist of plants and animal species of vastly different sizes, from big mammals to birds, insects and microbes in the soil, which would use resource that matches their size. Thus, the more finely the species can divide up space and resources, the more species can coexist in the same habitat. But how best to represent this environmental heterogeneity?

Mark Ritchie from the University of Utah, Logan, in the United States, and Han Olff in Wageningen Agricultural University, in the Netherlands, reasoned that the distributions

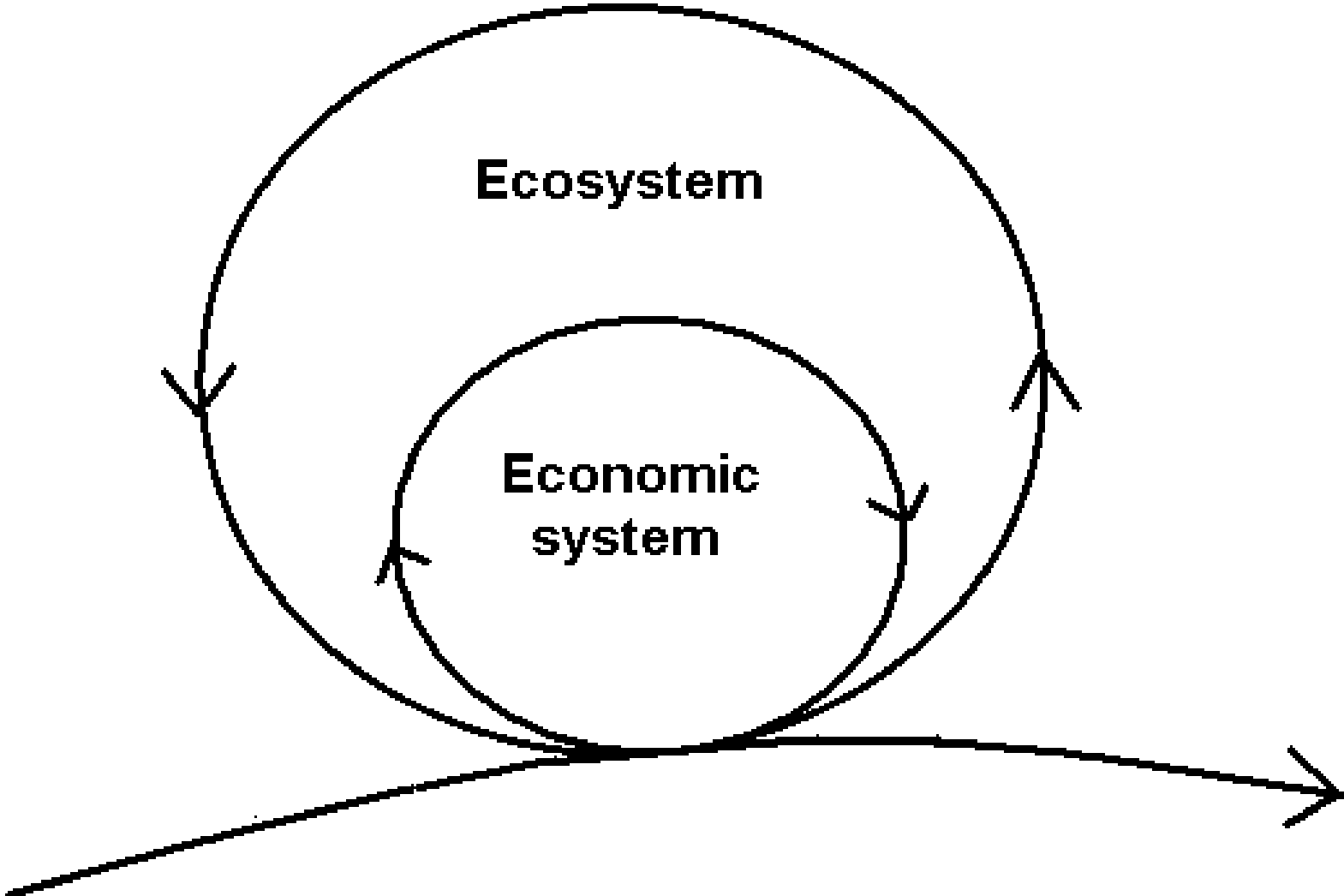
of habitat, food and resources often appear to be statistically self-similar over three to four orders of magnitude. If so, their volume or area can be described with fractal geometry.

A fractal is a structure that has dimensions in between the usual 1, 2 or 3, and 'self-similar' refers to the property that the structure appears the same over many scales. Typical examples are fern leaves, branching blood vessels and the coastline.

In a fractal environment, body size determines the abundance of food and resources that a species perceives, and it sets limits to the similarity in body sizes between any two species. Ritchie and Olff derived a body size ratio between species of adjacent sizes that declines with increasing organism size. That in turn predicts how diverse the community can be.

Thus, energy, productivity and environmental heterogeneity all appear to play a role in creating biodiversity.

In the next article ("Why are organisms so complex?" *see series*), I shall show how biodiversity and productivity are intimately linked through energy capture and storage in a sustainable system.





Institute of Science in Society

www.i-sis.org.uk